

Why Acupuncture?

For centuries, Asian people have understood acupuncture to be a proven method for correcting acute and chronic pain conditions and maintaining strong health and longevity.

Many people use acupuncture to maintain optimal health. This system provides an insurance plan that prevents costly medical bills in the future. These systems are essential for helping you maintain the health you already have. Come in to experience this ancient and result-based healing system.

CBS's Style

CBS's acupuncture is purely dedicated in the specialization for the treatment of pain for the physical body. Bryan employs a traditional style of acupuncture that has existed for hundreds of years but is practiced by few in the United States. This system is known by the Japanese as a Root treatment system. Prior to each acupuncture treatment you will receive Anma, Japanese massage, which communicates the necessary tactile information to determine muscle elasticity and strength and serves as a means of increasing blood circulation to tight or weak areas. Massage also calms the nervous system, assisting the body in entering into a state of relaxation that enhances the healing effects of acupuncture.

Benefits

The relief of pain (acute or chronic) associated with the low back, whip-lash, knee injuries, sciatica, carpal tunnel, headaches, strains and sprains, herniated discs, and stress

Preventative care

Recovery time depends on a some individual factors including the self-healing potential of the individual's body (the healthier a person, the more quickly he/she will recover) and the healing potential of the symptoms (the length of time the symptoms have been occurring affects the amount of time necessary to heal the underlying problem).

On average, acute pain (occurring no longer than 6 months) can be completely relieved in 2-8 treatments and chronic pain (occurring anywhere from 6 months to many years) requires 8-16 treatments.